

## Upcoming events:

- **January 27 & 28:**  
Museum Open House
- **February 18:**  
General Membership Meeting, “Medical Care in Early San Diego”
- **February 24 & 25:**  
Museum Open House
- **March 24 & 25:**  
Museum Open House

## Inside this issue:

- Membership Update, page 2
- Remembering Pauline Silver, page 3
- A New Way to Get Old News in the New Year, page 3
- Pop Quiz, page 3
- Volunteers Needed, page 4
- Buying at Home is a Bargain! page 4
- AH&CS Board of Directors, Mission Statement, page 4
- Pop Quiz Answers, page 4
- Timeline: Alpine 1875, page 5
- Membership Application, page 6

## JOHN DEWITT MUSEUM

2116 TAVERN ROAD  
ALPINE, CA 91901

Open 2:00 to 4:00 p.m.  
last weekend of each month

Tom & Judy Myers, Editors  
619-885-8063

POTLUCK LUNCHEON & PRESENTATION  
SUNDAY, FEBRUARY 18, 2018

## MEDICAL CARE IN EARLY SAN DIEGO

**O**ur February 18, 2018, General Membership Meeting will feature a “potluck” luncheon, brief business meeting with election of officers, followed by a fascinating historical presentation on “*Early Medical Care in San Diego*”.

The featured speaker, **Catalina Preskill**, MD, will delve into the techniques and instruments used in 20<sup>th</sup> Century San Diego to treat disease and injury.

Her lecture will explore the world of early medicine, including some of the first doctors and medical facilities in San Diego. Dr. Preskill’s lecture combines elements of her historical research with personal experience as a pediatrician to present an accurate and entertaining review of early medical practices. She may even throw in some recipes for “Old Time Medicine” to cure what ails ya’.



Dr. Catalina Preskill

Dr. Catalina Preskill retired after a thirty-year career with Kaiser Permanente, and is now a volunteer physician at the St. Vincent de Paul Medical Clinic and the Executive Director of the Gaslamp Museum at the Davis-Horton House in San Diego’s Gaslamp Quarter.

*Please bring a potluck item to share for the luncheon which begins at 1:00 p.m. or arrive by 1:45 p.m. for the brief general membership meeting followed immediately by Dr. Preskill’s presentation. Admission is **FREE**, but your donation helps to defray the cost of programs and helps us preserve historical artifacts and maintain the museum facilities.*

*The Potluck Luncheon and Program will be held at the Alpine Town Hall (Alpine Woman’s Club), located at 2156 Alpine Boulevard.*

*Seating is limited, so **please make your reservations early** by calling Tom Myers at (619) 885-8063 or send an email request to [info@alpinehistory.org](mailto:info@alpinehistory.org).*

## HISTORIC ALPINE ANNIVERSARY

**T**he Alpine Historical Society’s **John De Witt Museum** celebrates it’s 20<sup>th</sup> Anniversary this year. Ribbon cutting for the museum took place on April 19, 1998, marking the grand opening of the historical museum. The first exhibits were located in the **Dr. Sophronia Nichols House**, built in 1896.

Also in 1998, the **Adam & Caroline Beaty House**, built in 1899, was given to the



Historical Society and moved to the museum site with a boardwalk connection to the Nichols House.

The third building in the museum complex is the **Carriage House** which has been used for exhibits and

artifact storage, and currently houses the restored 1906 Doctor’s Buggy, donated to the museum by Don Walker in 2012.

A 20<sup>th</sup> Anniversary Event for the museum will be announced later this year.

## MEMBERSHIP UPDATE

### ***A Special Thank You to these Life Members for their generous response to our Special Donation Request:***

Carlette Anderson • George & Joan Anderson • Franklin Ball • James Cleland • Katie Ford • Paul Gonya  
Ken & Denise Hujing • Clay La Force • Tom & Judy Myers • Virginia Sisson • Anne Tarr

### ***A Warm Welcome to New Members:***

Elle Arnot, Jon Green, Joan McCurry

### ***A Grateful Thank You to Our Renewing Members:***

Kathy Balsley, Fred & Susan Barker, Kathy Bartonicek, Theo Bazdorf, Bob & Sharon Beale, Donna Boyer, Suzanne Broderick, Pat Cannon & Brent Wolf, Barbara Cater, Vikki & Paul Coffey, James & Rita David, Linda Dean, Richard & Kathleen Fiedor, Marilyn & Marc Fox, Richard & Vicki Freeman, Mary A. Fritz, Steve & Kimberly Hales, Chik Hylton, Richard & Jane Kelso, Norman & Dolores Kling, George Landt, Wendell Maize, Judy Matlock, Cheryl & James Minshew, Marilyn Moore, Louise Phipps, John & Ann Pierce, Andy Reynolds, Beverly Ring, Max Robinson, Babra Rosenberg, Kevin &

Alejandra Schumacher, Jill Sing, Scarlett Spencer, Debbie & Bruce Van Hyfte, Deborah & Joe Verfaillie, Susan Walter, Mary Welch, Adam & Linda Whitlock, Jim & Sue Whitt, and Genna Yoder

### ***Many thanks to the following for making generous financial donations to the Historical Society:***

Alpine View Lodge, Theo Bazdorf, Suzanne Broderick, Vikki & Paul Coffey, James & Rita David, Richard & Kathleen Fiedor, Mary A. Fritz, Steve & Kimberly Hales, Chik Hylton, Richard & Jane Kelso, George Landt, Wendell Maize, Marilyn Moore, Louise Phipps, John & Ann Pierce, Kevin & Alejandra Schumacher, Carl Silva—Bert Fuller VFW Post, Debbie & Bruce Van Hyfte, Mary Welch, and Adam & Linda Whitlock

### ***Special Thanks of Appreciation to the following businesses***

*who renewed their annual membership in the Historical Society for 2018:*

Accurate Land Surveys • Alpine Library Friends Association • Alpine View Lodge • Barons Market  
Bert Fuller VFW Post No. 9578 • On Line Bookkeeping & Tax Service • State Farm Insurance, Laurie Hallihan

## RECOGNITION OF OUR CURRENT LIFETIME MEMBERS

Carlette Anderson • Deborah Anderson • George & Joan Anderson • Mark L. Anderson • Roy & Willa Athey  
Franklin R. Ball • Pat & Joe Brunold • David Carey • Ted Christensen • James H. Cleland  
Peggy & Jim Easterling • Beverly Falor • Katie & Brian Ford • Vincent Fritts • Paul Gonya • Gail Wilson Guth  
Janet M. Harris • Linda Harshberger • Ann Hill • Leslie Holben • Ken & Denise Hujing • Ben & Kirby Johnson  
Bill & Diane Keltner • Jill & Shawn Killon • John Krempp • J. Clayburn LaForce • Joanne & Martin Marugg  
Carol Morrison • Tom & Judy Myers • Helen Porter • Paul & Paula Saksa • Kurt Scherbaum  
Albert Simonson • Donna Sisson • Joseph Sisson • Virginia Sisson • Anne Tarr • Elma Terry  
Rodney & Guille Tuttle • Paul & Carol Walker • William & Joan Waterworth • Stanley Wilson

## RECOGNITION OF OUR LIFETIME BUSINESS MEMBERS

Brabazon Alpine Paving and Trucking  
Ewiiapaayp Band of Kumeyaay Indians • Viejas Band of Kumeyaay Indians  
Tom Dyke Drilling • John Garbaczewski Family Foundation  
Chris Wiley—Primary Residential Mortgage • Turvey Granite Pit • Tuttle Charitable Trust

**CURRENT MEMBERSHIPS: Life Members ~ 50, Supporting Members ~ 58, Members up for renewal ~ 49**



## Remembering Pauline Silver

**P**auline Silver, a life member of the Alpine Historical Society, passed away on December 7, 2017, at the age of 97.

Pauline married John Kruso on December 14, 1940, and the couple had five children, seven grandchildren, and six great grandchildren. On August 24, 1968, Pauline married Martin Silver and in 1973 they moved to Alpine as owners and managers of the Alpine Mobil Home Estates.

Pauline was an active member of the Alpine community. She was a long-time member of the Alpine Community Church where she served as a deacon and also as Treasurer. She was also a member of the Alpine Woman's Club, the Alpine Garden Club, the Mountain Empire Republican Women's Club and the San Diego Genealogy Society. Those who knew Pauline remember her as a lovely and wonderful lady who will be greatly missed in Alpine.

### A NEW WAY TO GET OLD NEWS IN THE NEW YEAR

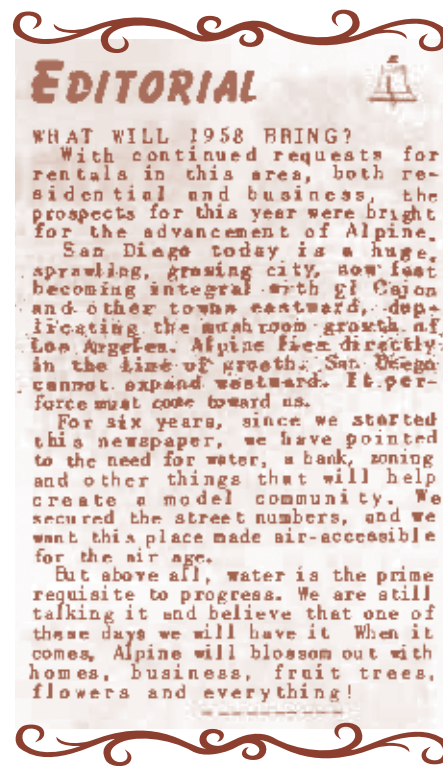
**T**he Alpine Historical Society now has a nearly complete collection of early Alpine newspapers. With the help of San Diego County grants over several years we have scanned newspapers from 1952 to 1970. These include the *Town and Country News* (1963–1967), the *Lakeside News and Thrifty Shopper* (1966), the *Alpine Echo and Sun* (1965), the *Alpine Echo* (1958–1964), and the *Alpine Sun* (1952–1970\*). All of these newspapers are now accessible on our website, [www.alpinehistory.org](http://www.alpinehistory.org).

There are two ways to find that missing link to the past that has always eluded you. One way is to enter your search query in the *Custom Search* box on our home page and click on the “search” button. For example, you can enter a name, a date, a headline, or topic and the search program will generate a list of choices to explore.

The other way to search also starts on the home page, where you can click on the “Historical Research” item in the left column. In the drop down menu, click on

“newspaper articles”. This takes you to a new web page where you can click on the scanned newspapers that interest you. You can then complete your search by clicking on the date of the newspaper you want to see—be sure to scroll down to see all the newspapers in the date range available.

Did you ever wonder what people thought the future of Alpine looked like 60 years ago? Well, from our search of these scanned newspapers we found this Editorial in the January 10, 1958 edition of the *Alpine Sun*.



\*Note from the Editors: The scanned *Alpine Sun* newspapers from 1952–1970 are currently in the process of being uploaded to our website, and we anticipate that they all will be available online by press time.

**POP QUIZ:** Answers can be found in articles in this newsletter.

- Volunteers are needed to fill which positions on the Board of Directors?
  - Secretary
  - Treasurer
  - Property Manager
  - All of the Above
- A 1958 *Alpine Sun* editorial identified which priority for Alpine?
  - Gas Station
  - Water System
  - Pizza Restaurant
  - Museum
- When did Edward & Caroline Foss move to Alpine?
  - 1675
  - 1776
  - 1875
  - 1974



## Volunteers Needed

The Alpine Historical & Conservation Society runs entirely on volunteer labor. While this allows us to use all of the membership fees and donations for maintaining the museum facilities and paying for program expenses, it sometimes makes it difficult to accomplish all the day-to-day chores that it takes to run a museum & historical society. We need your help. Do you feel like your skills and abilities are languishing due to non-use? Do you want to do something meaningful for your community? Well, we've got an offer for you. There are a few Board of Director positions that need to be filled for the coming year. Responsibilities for each position are described below. Each position requires you to be a member of the Alpine Historical & Conservation Society, and to attend our Board meetings on the second Thursday of each month from 3:00 to 4:30 pm.

- **SECRETARY:** Takes notes & minutes at monthly Board meetings. Presents meeting minutes to the Board of Directors for approval. Time commitment is approximately 2-3 hours per month.
- **TREASURER:** Checks PO Box regularly for bills and donations. Pays the bills and deposits donations. Enters financial data in Quick Books software program. Prepares monthly financial report for Board of Directors. Coordinates preparation of tax returns and government forms. Time commitment varies by month and season but averages 4-5 hours per month.
- **PROPERTY MANAGER:** Responsible for the care and maintenance of the museum buildings. This includes occasionally performing minor repair & maintenance, coordinating work with the museum caretaker, requesting contractor proposals for more difficult projects, monitoring contractor performance, and reporting monthly activities to Board of Directors. Time commitment varies by month and season but averages 5-6 hours per month.

*To volunteer, please contact Tom Myers at 619-885-8063, or you can send a note to [info@alpinehistory.org](mailto:info@alpinehistory.org) or to PO Box 382, Alpine, CA 91903.*

*The following editorial is reprinted from the Alpine Sun, March 13, 1952, and it is still true today!*

### BUYING AT HOME IS A BARGAIN!

It is no secret that many back country people go to El Cajon and San Diego to shop. Now we have no argument against milady wanting to dress up and go to town for items that are unobtainable up here. But we do feel sorry for those who drive down just to buy groceries that are stocked right here at home.

But, they argue, we can save money. Then they mention some items for which they may pay a few cents more here. Some are week-end specials, yes, but for the most part, Alpine and other mountain merchants come pretty close to city prices. Moreover, we have found it more pleasant to deal with our friendly local neighbors, which amounts to something.

Now when one figures operating a car, even to El Cajon, a minimum of 30 miles, at the lowest cost of 5 cents a mile, you must add \$1.50 to your total spent. Does that offset these special prices? No. Besides, today when one enters any highway, he risks his life, and that is worth more than a few cents saved! Yes, it is indeed a bargain to buy here at home. Help make this a better community!

## ALPINE HISTORICAL AND CONSERVATION SOCIETY

### BOARD OF DIRECTORS

President: Tom Myers  
 1<sup>st</sup> Vice President,  
 Programs: Vikki Coffey  
 2<sup>nd</sup> Vice President,  
 Membership: Judy Myers  
 3<sup>rd</sup> Vice President,  
 Property: [position open]  
 Secretary: [position open]  
 Treasurer: [position open]  
 Archivist: Carol Morrison

Director, Gift Shop  
 Coordinator: Anne Tarr  
 Director: Janet Harris  
 Director: Norm Kling  
 Director: Dave Smith  
 Director: [open position]  
 Lifetime Director: Elma Terry

Webmaster: Pene Manale  
 Caretakers: Baltazar & Laura Marquez

### MISSION STATEMENT

The mission of the *Alpine Historical & Conservation Society* is to encourage the community in an effort to retain structures and sites of historical significance, conserve natural resources and parkland, make available the visible evidence of the history of our community, and develop historical programs which emphasize the contributions of the various cultural, ethnic, religious and social groups that comprise the Alpine area.

ANSWERS TO POP QUIZ: 1–d. All of the above (page 4); 2–b. Water System (page 3); 3–c. 1875 (page 5)

## TIMELINE: ALPINE 1875

The Massachusetts-born **Edward Foss** served as a volunteer in the Civil War until he was discharged with a bullet lodged in his leg that could not be removed. His future wife, **Caroline Athearn** (Sohronia Nichols' sister), was from a closely-knit Massachusetts family that hailed from Martha's Vineyard. She was raised with strong religious faith and an appreciation for education which carried forward throughout her life. After the war, Edward learned the trade of organ pipe maker, and in 1870 he married Caroline.

In 1875, after hearing about the prosperous Harbison apiaries in California and sampling the famous sage blossom honey, Edward and Caroline, with their two sons, Charles and Percy, moved to Califor-

nia, where they found suitable land to homestead in the area that would become Alpine. They purchased 160 acres from Adam Beaty for the grand sum of \$1,200 and named their ranch **Tule Springs**.

The young family soon learned that beekeeping did not provide enough income to support a growing family in this foothills settlement that had only a few families, no store, no post office, and very poor roads. They had to expand their farming efforts, and planted orchards, raised crops, turkeys, and livestock for their own use as well as to trade with neighbors or to sell in Lakeside and San Diego.

In 1877, after Alpine's first school on the Webb's Alpine Ranch closed, the Fosses built a small lean-to addition to their home, using it as a

school until a new one-room school house was built in 1881 on South Grade Road. The Foss family school room was also used for Sunday school, and neighbors were invited to join the family in worship and bible study—this was the seed that would grow into the first organized church in Alpine 18 years later.

From the time they arrived in Alpine (1875) until 1884, the Fosses added four children, Harry, Helen, Robert and Joseph, for a total of six children. There were no grandchildren.

Edward Foss died in 1898 and was buried under an oak tree at Tule Springs. Caroline Athearn Foss died December 27, 1905 and was buried in the Alpine Cemetery. Charles, Percy, Joe and Pearl lived out their lives on the family land in Alpine. Harry and Robert moved away, but Harry returned. All the children except Robert are buried with their mother in the Foss plot at the Alpine Cemetery. The Foss family lived in Alpine for 88 years.



*Edward Alanson Foss and Caroline Eaton Athearn on their wedding day, June 1, 1870*



*Foss turkeys at Tule Springs—1918*



*Charles Foss with bees*



*Foss family 1886: Harry Stanley, Mr. Foss holding Robert Bruce, Charles Edward, Helen Pearl, Mrs. Foss holding Joseph Thaxter, Allan Percy*



*Abundant Hay crop*



*Harry and Percy Foss with threshing machine*



*Foss' Tule Springs Home—1876*

Alpine Historical & Conservation Society  
P. O. Box 382  
Alpine, CA 91903-0382

*Address Service Requested*

**ALPINE  
HISTORICAL &  
CONSERVATION  
SOCIETY**

P. O. Box 382  
Alpine, CA 91903-0382

Phone: 619-659-8740  
E-mail: [info@alpinehistory.org](mailto:info@alpinehistory.org)

**We're on the Web!**  
[www.alpinehistory.org](http://www.alpinehistory.org)

### MEMBERSHIP APPLICATION

Name \_\_\_\_\_ Date \_\_\_\_\_

Street Address/P.O. Box: \_\_\_\_\_

City/ST/Zip: \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Send Newsletters via:  E-mail  U.S. Mail

**Membership Category** (Please check one):

- Student \$5     Individual \$25     Nonprofit \$30     Business \$50  
 Senior (1) \$15     Family \$35     Nonprofit Life \$600     Business Life \$1,000  
 Senior (2) \$20     Life \$500

**Amount Enclosed:**

Membership \$ \_\_\_\_\_  
Donation \$ \_\_\_\_\_  
TOTAL \$ \_\_\_\_\_

**Volunteer Opportunities:**

- Museum Open Houses     History Day  
 Programs & Events     Oral Histories  
 Exhibit Development     Archival Data Entry  
 Garden Maintenance     Other \_\_\_\_\_

Please complete this form and include your check made payable to the Alpine Historical Society, a registered 501(c)(3) nonprofit organization.